



**TEXAS DEPARTMENT OF STATE HEALTH SERVICES  
PUBLIC SANITATION AND RETAIL FOOD SAFETY  
GROUP  
GUIDANCE DOCUMENT FOR FIRST AID KITS IN A  
RETAIL FOOD ESTABLISHMENT**

**SUBJECT: FIRST AID KIT REQUIREMENTS FOR RETAIL FOOD ESTABLISHMENTS**

Texas Food Establishment Rule §228.210 states that a first aid kit shall be provided in all fixed retail food establishments. §228.211 (1)-(2) further states that first aid supplies that are in a food establishment for the food employees' use shall be labeled as required and stored in a kit or a container that is located to prevent the contamination of food, equipment, utensils, and linens, and single-service and single-use articles.

The Texas Food Establishment Rules do not clarify what is to be included in the first aid kit, only that they have one. The U.S. Department of Labor Occupational Safety and Health Administration (OSHA) is the main federal agency charged with the enforcement of safety and health legislation. OSHA regulations regarding first aid kits are contained in the Code of Federal Regulations under section 29 CFR 1910.151 and in Appendix A. OSHA does not provide specifications for first aid kit contents per se but defines mandatory requirements for availability of kits on worksites. In Appendix A of the OSHA guidelines, American National Standards Institute (ANSI) is referenced as the originator of first aid kit specifications and minimum contents requirements. The New 2015 ANSI revision introduces two classes of first aid kits. For the purpose of retail food establishments, the Class A minimum fill requirements are recommended. American National Standard- Minimum Requirements for Workplace First Aid Kits and Supplies, ANSI/ISEA Z308.1-2015 states that in order to be ANSI compliant, First Aid Kits must contain the following supplies:

## 2015 ANSI Class A Minimum Fill Requirements

Quantity	Item	Minimum Size or Volume
16	Adhesive Bandages	1" x 3"
1	Adhesive Tape	2.5 yd
10	Antibiotic Treatment	.14 fl. Oz (0.5g) applications
10	Antiseptic	.14 fl. Oz (0.5g) applications
1	Breathing Barrier	
1	Burn Dressing	4" x 4"
10	Burn Treatment	1/32 oz. (0.9g) applications
1	Cold Pack	4" x 5"
2	Eye Coverings	
1	Eye Wash	1 oz.
1	First Aid Guide	
6	Hand Sanitizer	
4	Medical Exam Gloves	
1	Roller Bandage	2" x 4" yd
1	Scissors	
2	Sterile Pads	3" x 3"
2	Trauma Pads	5" x 9"
1	Triangular Bandages	40" x 40" x 56"